



**ARKANSAS DIVISION  
PACIFIC CENTRAL REGION  
UNITED STATES NAVAL SEA CADET CORPS**

**Commanding Officer**

CAPT Timothy Cogan, USN  
(650) 728-3504

**Executive Officer**

WO Guilherme Freitas, USNSCC  
(209) 277-9375

**Division Chief**

CPO Davis Freitas, USNSCC

**PLAN OF THE DAY**

**Coast Guard Sector San Francisco  
and  
Culinary Arts Training**

**24 April 2010**

**UNIFORM OF THE DAY:**

**Officers/Instructors: Khakis or Alternate Uniform**

**Sea Cadets/League Cadets: Dungarees with Utility Jacket**

**COMMAND DUTY  
OFFICER**

INST Lori Tapia, USNSCC

**OFFICER OF THE DECK**

INST Alexey Sobolev,  
USNSCC

**PETTY OFFICER OF  
THE WATCH**

SLPO Katrin Freitas,  
USNLCC

**MESSENGER OF THE  
WATCH**

APC Rachel Tapia, USNLCC

**Schedule**

0730-0745	Quarters at Building 2; complete muster report; collect food and training money; review Plan Of The Day
0745-0755	March to Flagpole
0755-0800	First Call to Colors
0800-0805	Morning Colors
0805-0815	March to Building 2
0815-1000	Advanced Summer Training brief; remedial PT and makeup PT; new cadet indoctrination; calendar review including Jet Blast And Prop Wash, Mud Run, Memorial Day, Port Chicago NMNM, PIR; Chief's time
1000-1120	United States Coast Auxiliary Oyster Point Flotilla, Boating Skills And Seamanship Class; Arthur Park, USCGA; for more information go to: <a href="http://www.cgaux.org">www.cgaux.org</a>
1120-1200	Transport to <b>A Black Tie Affair, 161 Beacon Street, South San Francisco</b>
1200-1500	Culinary Arts training
1500-1530	Sweepers
1530	Liberty Call

**Please Bring:**

- 1. \$6.00 for food and training supplies**
- 2. Notebook and pencil or pen**
- 3. Canteen or water bottle**

**Notes:**

- 1. Rides can be arranged through your Chain Of Command**
- 2. Next drill is 08MAY10**
- 3. Due to planning and costs, we need the reporting in done by Wednesday, 1700**

**Captain Timothy Cogan, United States Navy  
Commanding Officer, Arkansas Division**