



**ARKANSAS DIVISION
PACIFIC CENTRAL REGION
UNITED STATES NAVAL SEA CADET CORPS**

Commanding Officer

CAPT Timothy Cogan, USN
(650) 728-3504

Executive Officer

WO Guilherme Freitas, USNSCC
(209) 277-9375

Division Chief

CPO Davis Freitas, USNSCC

**PLAN OF THE DAY
COAST GUARD SECTOR SAN FRANCISCO
Yerba Buena Island**

09 January 2010

UNIFORM OF THE DAY:

Officers/Instructors: Khakis or Alternate Uniform

Sea Cadets/League Cadets: Dungarees with Utility Jacket

**COMMAND DUTY
OFFICER**

WO Guilherme Freitas,
USNSCC

OFFICER OF THE DECK

MIDN Kelsey Freitas,
USNSCC

**PETTY OFFICER OF
THE WATCH**

PO1 Katrin Freitas,
USNLCC

**MESSENGER OF THE
WATCH**

SA(T) Stephan Sobolev,
USNSCC

Schedule

0730-0745 Quarters at Building 2; complete muster report; collect chow money; review POD
0745-0755 March to Flagpole
0755-0800 First Call to Colors
0800-0805 Morning Colors
0805-0815 March to Building 2
0815-0915 Discussion with Retired Russian Colonel Vitaly Perkov, active service 1962-1996
0915-0925 Break
0925-1010 Winter Advanced Training debrief
1010-1020 Break
1020-1120 Discussion with US Army Veteran Sergeant Jack Kashevaroff, service in World War 2
1120-1130 March to Chow Hall
1130-1215 Lunch
1215-1225 March to Building 2
1225-1500 Cadet Leadership meeting; Leading Seaman and Division Chief time
1225-1500 SS Jeremiah O'Brien working party detachment, as assigned; OIC is Instructor Karen Freitas
1500-1515 Sweepers
1515-1530 Awards Ceremony
1530 Liberty Call

Please Bring:

1. \$4.25 for dinner (Navy talk for lunch), exact change preferred

2. Return all Service Records after Winter Advanced Training

Notes:

1. Next drill 23JAN10, Regional Training Medical at Parks RFTA

2. Officers Call at Naval Postgraduate School, 30JAN10

3. Annual Inspection is scheduled for 13MAR10

4. Midshipman Kelsey Freitas contact telephone number: (209) 277-9373

**Captain Timothy Cogan, United States Navy
Commanding Officer, Arkansas Division**